



***Providing Senior Living to the Greater Denver Area***

*Assisted Living - The Argyle Assisted Living and Raleigh Gardens*

*Independent Living - The Argyle Park features 50 apartments in a HUD 202/Section 8 community*

**4115 West 38th Avenue, Denver, Colorado 80212**

**303-455-9513**

*Located off W. 38th between Sheridan Blvd and Federal Blvd.*

**Website: [TheArgyle.org](http://TheArgyle.org)**

## Comparing Levels of Care

### **About Assisted Living at The Argyle**

Assisted living is the ideal solution for older adults who need extra help with activities of daily living, or ADLs. Residents receive personalized assistance with everything from dressing and personal grooming to laundry and housekeeping, allowing them to maintain as much of their dignity and independence as possible.

At The Argyle, we believe in the transformative power of human connection. Our staff goes above and beyond the standard duty of care by spending quality time with residents as they enjoy engaging activities, fun entertainment, and/or a long chat about life.

### **About Independent Living at The Argyle**

Independent living at The Argyle combines autonomy with convenience and community. It's the ideal option for seniors who can live independently, but would still prefer to be surrounded by a warm, welcoming network of fellow residents. The Argyle Park features 50 apartments in a HUD 202/Section 8 community, which allows us to continue our mission of providing affordable living arrangements.

There's more to living at The Argyle than our comfortable one-bedroom apartments, too. Residents also have access to regular organized events and outings, a strong community, and optional amenities designed to simplify daily living.

- **If Assisted Living or Independent Living could be a good fit for you or your loved one, we welcome you get in touch.**
- **Argyle team who are dedicated to helping seniors and their families find a great senior living solution for the years ahead.**



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## Comparing Levels of Care - Continued

It is important to understand the levels of care and assistance available in a senior living community to ensure that your needs are well supported. There are key differences in the types of care offered, and this introductory guide will help you determine the living arrangement that best suits you or your loved one.

### Independent Living

For relatively self-sufficient seniors desiring community, Independent Living can be a great option. Residents enjoy their own home, typically an apartment or condo, in a setting with peers that includes security, organized events and more. Additional care is not included because help is not needed on a day-to-day basis, yet residents can purchase supplemental services such as meals and laundry services if desired.

The Argyle offers a friendly and inclusive Independent Living community in the great walking neighborhood of the Denver Highlands.

### Assisted Living

Many individuals benefit from an incrementally higher level of care due to factors such as reduced mobility or medical issues. Assisted Living offers residents personalized daily-living support from a dedicated team of caregivers. The intent is to improve each person's quality of life by taking care of common daily tasks like cooking, bathing/dressing, and other related activities.

The Argyle Assisted Living community offers a range of support options, plus an all-inclusive pricing model for seniors needing a higher level of everyday assistance. Care can be customized, and The Argyle's empathetic staff work hard to make every resident feel confident about what they can do, not limited by what they cannot.

### Assisted Living: Memory Care

Every assisted living residence will offer a different set of services, and some communities beyond The Argyle offer specialized memory care services. Memory care refers to a type of long-term expert nursing designed specifically for seniors with memory problems, including Alzheimer's disease or dementia. 24-hour supervised care is available to ensure resident safety.

### Skilled Nursing Care

Skilled nursing care facilities, historically known as nursing homes, are ideal for seniors who need a high level of care. Illness, injury, and short-term rehabilitation from surgery or another condition are common factors that make this type of ongoing nursing care necessary. Therefore, in-house medical care and 24-hour supervision are key components of adept nursing. If short-term rehabilitation is the catalyst for care, the goal is to help seniors transition back to their original home or community as soon as possible.

### Continuing Care Retirement Communities

For seniors who'd like to stay in the same location, even in the face of evolving health situations, continuing care retirement communities offer an array of options. Many facilities occupy large properties that include independent living, assisted living, skilled nursing care, memory care and a variety of additional services designed to help residents enjoy life at every stage of aging.