

## January Horoscopes and Birthdays

In astrology, those born between January 1–19 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and wealth. Those born between January 20–31 are the Water Bearers of Aquarius. As the water of life heals the land, so Aquarians are the humanitarians of the zodiac, compassionate free spirits who empower others.

J.R.R. Tolkien – January 3, 1892  
Diane Keaton – January 5, 1946  
Joan of Arc – January 6, 1412  
Zora Neale Hurston – January 7, 1891  
Elvis Presley – January 8, 1935  
Rod Stewart – January 10, 1945  
Joe Frazier – January 12, 1944  
**Martin Luther King Jr.** – Jan. 15, 1929  
Muhammad Ali – January 17, 1942  
George Burns – January 20, 1896  
Neil Diamond – January 24, 1941  
Virginia Woolf – January 25, 1882

### Happy Birthday!!!

- Irene D 1-1
- Joe L 1-2
- Stephen F 1-3
- Benjamin M 1-4
- Mary T 1-5
- Yvonne P 1-6
- Carolin F 1-10
- Dan L 1-17
- Monica S 1-21
- Marilynne H 1-24
- Jerome S 1-25
- Cindy C 1-26
- Carlos T 1-30
- Barb A 1-31

### Staff Birthdays

- Amanda O Caregiver**  
1-3
- Brijel A Maintenance**  
1-3
- Alicia S Dietary**  
1-7
- Jesseka Lewis**  
**Activities**  
1-11
- Becky T Dietary**  
**Director**  
1-29



# The Argyle Archives

January 2020



The Argyle Assisted Living  
4115 W 38<sup>th</sup> Ave  
Denver, CO. 80212  
303-455-9513  
www.theargyle.org

### Celebrating January

Get Organized Month

Polka Music Month

First Foot Day  
January 1

Bird Day  
January 5

Static Electricity Day  
January 9

International Kite Day  
January 14

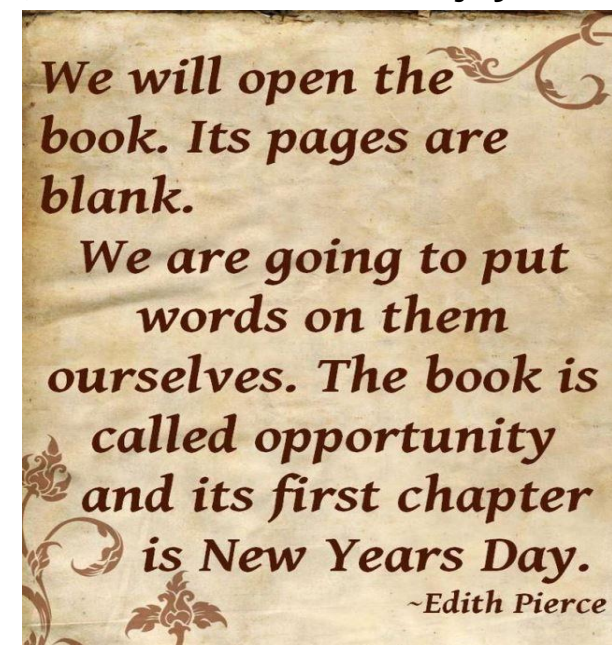
Martin Luther King Jr. Day  
January 20

Compliment Day  
January 24

Inspire Your Heart with Art Day  
January 31

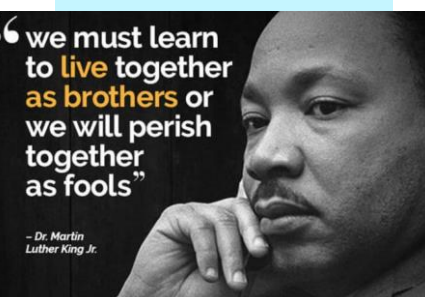
### Happy New Year!!!

We here at The Argyle sure do hope you've had a very fun and memorable year! We are excited to start a fresh year with new activities, new memories, and all the love and joy we can offer!



#### Reminder:

According to the local fire department, hallways are to be unobstructed. Meaning that the storing of oxygen concentrators in the hallway violates the fire codes. For this reason, we will be removing the oxygen concentrators from all hallways and they will need to be stored inside the resident's apartment. If you have any questions, please feel free to come to the front desk and we will be happy to answer them for you.



# MARK YOUR CALENDAR!

## Craft & Cooking Activities

- Craft Club: Paper Roses 1-1 @ 10am
- Craft Club: Argyle Wreath Making 1-8 @ 1pm
- Cooking Club: Candied Pecans 1-10 @ 10am
- Craft Club: Sip & Paint 1-17 @ 1PM
- Cooking Club: Brownies 1-22 @ 1pm
- Craft Club: Polka Pots 1-24 @ 11am
- Craft Club: Bubble Wrap Appreciation 1-27 @ 11am
- Cooking Club: Texas Cowboy Bread 1-29 @ 10am
- Craft Club: Conversational Door Décor 1-31 @ 10am

## Meetings

- Activity Planning Meeting 1-2 @ 1pm
- Resident Volunteer Meeting 1-3 @ 1pm
- Hospitality Committee Meeting 1-10 @ 2pm
- Resident & Family Council Meeting 1-21 @ 1pm



## Hand Massage and Nail Care Dates

- Wednesday, January 1<sup>st</sup> @ 1pm
- Thursday, January 9<sup>th</sup> @ 1pm
- Tuesday, January 14<sup>th</sup> @ 11am
- Thursday, January 23<sup>rd</sup> @ 9:15am
- Thursday, January 30<sup>th</sup> @ 1:30pm

## Outings

- 1-2 King Soopers @ 9:45am
- 1-9 Walmart @ 9:45am
- 1-16 Joyride @ 9:45

Please be sure to be in the lobby  
9:30am  
Be prepared to have a coat or jacket.



**IMPORTANT  
REMINDER**

The bus will be out for maintenance from January 20<sup>th</sup> to January 31<sup>st</sup>. There will be no outings scheduled during this time frame. We are so sorry for the inconvenience.