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About May

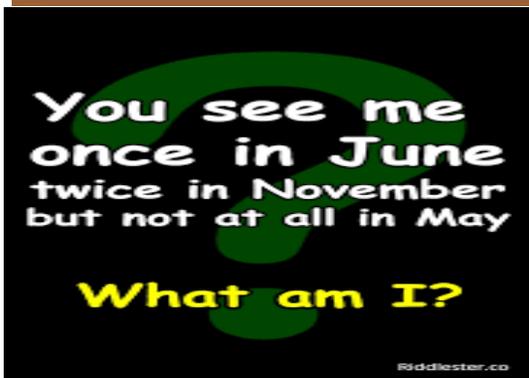
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Upcoming Events/Holiday's

Birthdays

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Argyle News and updates



MAY 2021

“May” is likely named for the Roman goddess Maia, who oversaw the growth of plants. Alternatively, the name might have come from the Latin *maiores*, “elders,” who were celebrated now

*Oh! fragrant is the breath of May
In tranquil garden closes,
And soft yet regal is her sway
Among the springtide roses.*

—William Hamilton Hayne,
American poet (1856–1929)



UPCOMING EVENTS/HOLIDAYS

May 1st May Day- Marks the return of spring by bringing in branches of forsythia, lilacs, or other flowering shrubs from your region.

May 5th Cinco De Mayo- This day celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862. Come celebrate Cinco De Mayo with Activities on May 5th at 3:00pm

May 9th Mother's Day- Happy Mother's Day! The Mother's Day holiday in the United States was not born out a desire to simply treat mothers to a day off or buy gifts. It essentially began as a women's movement to better the lives of other Americans.

The creation of a national Mother's Day is primarily attributed to three women: Ann Reeves Jarvis, Julia Ward Howe, and Ann's daughter, Anna M. Jarvis.

May 15th Armed Forces Day- This honors those who serve in all branches of the United States military. Come join Activities on May 15th at 3:00pm to watch a documentary about the United States Military.

May 31st Memorial Day- A poignant reminder of the tenacity of life. It's tradition to raise the flag on this day. Come celebrate Memorial Day with Activities on May 31st at 1:00pm.



Residents Birthdates

- ❖ Barbara P 5/3
- ❖ Glenda 5/3
- ❖ Stacy 5/3
- ❖ Lynn L 5/4
- ❖ Ben 5/21
- ❖ Beverly I 5/26
- ❖ Frances 5/29

Staff Birthdates

- ❖ Delores D 5/3
- ❖ Lorena V 5/7
- ❖ Joseph M 5/15
- ❖ Amber B 5/28
- ❖ Vicky C 5/30



Volunteer program with



The Argyle Activity Team has partnered up with Regis University Students to bring some joy around the Argyle. We are continuing the volunteer program through the summer with new students if you would like to participate please see Leshia!



WHATS UP ARGYLE

Please Welcome and introduce yourself to our new employee in the Activities Department. Her name is Elizabeth.

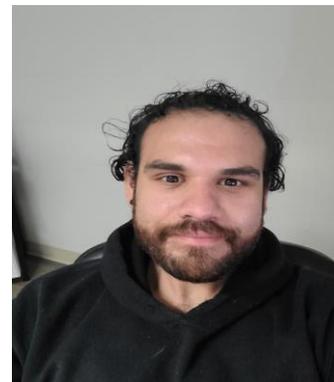
- She was born and raised in Colorado
- She graduated from North High School, just a few blocks from The Argyle
- On her free time, she enjoys gardening and painting.



We are sorry to say goodbye to Josh from our wellness team. Farwell message from Josh:

Dear Argyle residents,

I have had the pleasure of working with you all for 9 months and I am very grateful to have met so many friendly faces and worked on a lot of very important goals regarding wellness. I will be moving on from the Argyle and hope that you all continue to pursue healthier lives. I have had some unforgettable moments with you, and will always remember the impact left on me. I hope you all continue to be the wonderful folks I know you all to be.



RECAP OF APRIL

The below pictures are from the Residents monthly calendar Events during April. The Events included the Easter Party, Cooking Classes, Outings and Arts and Crafts. Come join the fun in May! You never know, you may see your picture in the newsletter next month!



The sign-up sheets to participate in Activities, are at the Front Desk and in Raleigh Gardens.

Starting in May all Activities on the calendar will not be Hall specific. You will have to sign-up in order to reserve your spot. We are only able to host 10 residents per activity. All Activities will be held in the Parlor or Raleigh Gardens.

Friendly reminder that the calendar is subject to change due to staffing and other circumstances.

In May we will have weekly Outings on Tuesday's. The sign-up sheets will also be in the binders at the Front Desk and in Raleigh Gardens. We are limit to 5-6 Residents per Outing in order to safely social distance from other Residents and Staff.

Depending on weather Outings will be Outdoors. If it is snowing, raining or cold temperatures we will have a sight-seeing Outing.



April 22nd was Earth Day. Some of The Argyle Residents and Activity Staff observed Earth Day by going outside to pick up trash around The Argyle. A special Thank you for those who participated in making Our Home trash free!

