


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00AM- Coffee Social- 🧑‍🤝‍🧑 1:00PM- Rockies Game 🧑‍🤝‍🧑 2:30PM- TV Series- Our Great National Parks 🧠 <small>May Day</small>	9:30AM- Bingo ❤️ 1:00PM- Snack and Chat- National Truffle Day 🧑‍🤝‍🧑 2:30PM- Group Exercise w/Samantha ❤️	9:30AM- Outing 💰 1:00PM- Arts/Crafts 😊 2:30PM- Snack and Chat- National Chocolate Custard Day 🧑‍🤝‍🧑	10:00AM- Gospel Hour w/Pastor Jerry 🌸 1:00PM- Horoscope Reading 🌸 2:30PM- Nickle Bingo 💰	9:30AM- Documentary- National Astronaut Day 🧠 1:00PM- Happy Hour- Cinco De Mayo 🧑‍🤝‍🧑 2:30PM- Book Club 🧠 <small>Cinco de Mayo</small>	9:30AM- Beading ❤️ 1:00PM- Outing 💰 2:30PM- Bingo ❤️	10:00AM- Nail Spa 😊 1:00PM- Happy Hour 🧑‍🤝‍🧑 2:30PM- Documentary- National Train Day 🧠
10:00AM- Mother's Day Activity 😊 1:00PM- Rockies Game 🧑‍🤝‍🧑 2:30PM- TV Series- Our Great National Parks 🧠 <small>Mother's Day</small>	9:30AM- Bingo ❤️ 1:00PM- Happy Hour- National Moscato Day 🧑‍🤝‍🧑 2:30PM- Group Exercise w/Samantha ❤️	9:30AM- Outing 💰 1:00PM- Arts/Crafts 😊 2:00PM- Resident Town Meeting 3:00PM- Resident Dining Council	10:00AM- Gospel Hour w/Pastor Jerry 🌸 1:00PM- Documentary- Resident Choice 🧠 2:30PM- Nickle Bingo 💰	9:30AM- Enjoy the Outdoors 🌿 1:00PM- Tea Social 🧑‍🤝‍🧑 2:30PM- Book Club 🧠	9:30AM- Writing Club 🧠 1:00PM- Bingo ❤️ 2:30PM- Snack and Chat- National Apple Pie Day 🧑‍🤝‍🧑	10:00AM- Nail Spa 😊 1:00PM- Happy Hour 🧑‍🤝‍🧑 2:30PM- Technology Class 🧠
10:00AM- Coffee Social- 🧑‍🤝‍🧑 1:00PM- Rockies Game 🧑‍🤝‍🧑 2:30PM- TV Series- Our Great National Parks 🧠	9:30AM- Bingo ❤️ 1:00PM- Happy Hour- National Mimosa Day 🧑‍🤝‍🧑 2:30PM- Group Exercise w/Samantha ❤️	9:30AM- Outing 💰 1:00PM- Arts/Crafts 😊 2:30PM- Snack and Chat- National Cherry Cobbler Day 🧑‍🤝‍🧑	10:00AM- Gospel Hour w/Pastor Jerry 🌸 1:00PM- Happy Hour-Live Entertainment 🧑‍🤝‍🧑 2:30PM- Nickle Bingo 💰	9:30AM- Interactive Tour 🧠 1:00PM- Documentary- Resident Choice 🧠 2:30PM- Book Club 🧠	9:30AM- Free Paint 😊 1:00PM- Bingo ❤️ 2:30PM- May Resident/Staff Birthday Celebrations 🧑‍🤝‍🧑	10:00AM- Nail Spa 😊 1:00PM- Happy Hour 🧑‍🤝‍🧑 2:30PM- Snack and Chat- National Strawberries and Cream Day 🧑‍🤝‍🧑 <small>Armed Forces Day</small>
10:00AM- Coffee Social- 🧑‍🤝‍🧑 1:00PM- Rockies Game 🧑‍🤝‍🧑 2:30PM- TV Series- Our Great National Parks 🧠	9:30AM- Bingo ❤️ 1:00PM- Horoscope Reading 🌸 2:30PM- Group Exercise w/Samantha ❤️ <small>Victoria Day (Canada)</small>	9:30AM- Outing 💰 1:00PM- Arts/Crafts 😊 2:30PM- Enjoy the Outdoors- National Scavenger hunt Day 🌿	10:00AM- Gospel Hour w/Pastor Jerry 🌸 1:00PM- Happy Hour-Live Entertainment 🧑‍🤝‍🧑 2:30PM- Nickle Bingo 💰	9:30AM- Travel with Google 🧠 1:00PM- Gardening 🌿 2:30PM- Book Club 🧠	9:30AM- Beading ❤️ 1:00PM- Bingo ❤️ 2:30PM- Ice Cream Social- National Grape Popsicle Day 🧑‍🤝‍🧑	10:00AM- Nail Spa 😊 1:00PM- Happy Hour 🧑‍🤝‍🧑 2:30PM- Music Therapy 😊
10:00AM- Coffee Social- 🧑‍🤝‍🧑 1:00PM- Rockies Game 🧑‍🤝‍🧑 2:30PM- TV Series- Our Great National Parks 🧠	9:30AM- Bingo ❤️ 1:00PM- Happy Hour- Memorial Day and Live Entertainment 🧑‍🤝‍🧑 2:30PM- Group Exercise w/Samantha ❤️ <small>Memorial Day</small>	9:30AM- Outing 💰 1:00PM- Arts/Crafts 😊 2:30PM- Snack and Chat- National Macaroon Day 🧑‍🤝‍🧑				

7 Dimension of Wellness: 🧠 Intellectual 🧑‍🤝‍🧑 Social ❤️ Physical 🌸 Spiritual 💰 Financial 🌿 Environmental 😊 Emotional