

THE ARGYLE NEWSLETTER



September 2024

Letter to You!



“And then the sun took a step back, the leaves lulled themselves to sleep, and autumn awakened.” -Raquel Franco

The Argyle Leadership Team expresses sincere gratitude to all residents for their patience during the remodel. For inquiries related to ongoing projects related to the remodel, please contact John Sliz, Director of Environmental Services.

The Colorado State Ombudsman representing The Argyle is Sara De Iraola Cuebas, and her contact information is available in both elevators.

As part of our commitment to your well-being, The Argyle has a formal grievance policy outlined in your resident

handbook, available in the main lobby. Questions about the grievance policy can be directed to Natasha McClure, Resident Life Director, who is available to provide guidance and support.

We greatly appreciate your positive feedback and suggestions. Our next Resident Town Meeting is scheduled for September 10th at 2:00 PM in the Garden Level Dining Room. All residents are invited to participate, and if you need assistance getting to the RTM, please contact your Caregiver or an Activities Team Member.



Assisted Living Week

National Assisted Living Week 2024 is quickly approaching, so make plans now to celebrate! This year's celebration is supported by official sponsor Select Rehabilitation and will take place September 8-14.

Created by NCAL in 1995, this year's theme, Inspiring Generations, offers assisted living staff, communities, residents, and families the

opportunity to look at how assisted living has evolved and grown, inspired by the residents and those who care for them. This is a chance to listen and learn from each other, share stories and wisdom, and find inspiration from those around you.



Labor day!

Observed the first Monday in September, Labor Day is an annual celebration of the social and economic achievements of American workers. The holiday is rooted in the late nineteenth century, when labor activists pushed for a federal holiday to recognize the many contributions workers have made to

America's strength, prosperity, and well-being.



STAFF BIRTHDAYS

RESIDENT BIRTHDAYS

Blake S. -11th
Jesse G.-19th
Jenea T. -28th
Danielle R. -29th

Donald] S. - 5th
Gail T. - 6th
Richard R. - 6th
Silvia R. - 7th
Patricia G. - 8th
Deanna F. - 13th
Helen W. - 14th
Victoria G. - 20th
Kevin S. - 21st
Manuel G. - 21st
Lois A. - 22nd
Kathy G. - 24th
Linda E. - 25th

End of Summer

The Autumnal equinox on September 23rd marks the end of summer and the first day of falling leaves, pumpkin spice, knitted sweaters and all things fall! Join our activities department in a scenic fall drive on the 29th of Spetember!





Did you know?

Zodiac signs in September are split between Virgo (August 23 – September 22) and Libra (September 23 – October 22).

Virgos are known for being loyal, practical, thoughtful, analytical people who sometimes come off as cold, but it's only because they're taking a methodical approach to friendship (like most aspects of their lives).

Libras are a little different. Their main characteristics include being diplomatic and fair. They like harmony, dislike being alone, and always strive for peace and justice in the world.

Famous people born in September include Adam Sandler, Amy Winehouse, Bill Murray, Bruce Springsteen, Confucius, Freddie Mercury, Queen Elizabeth, Stephen King, and Sophia Loren. The birthstone for September is the sapphire which is said to reduce inflammation, treat fever and act as a lucky charm for the person wearing it. It symbolizes intuition, clarity of thought, peacefulness, as well as loyalty and trust.

The name "September" comes from an old Roman word, "septem," which actually means 7. That's right – September was the seventh month of the year on the Roman calendar – It did not become the ninth month until the advent of the Gregorian calendar.

The Romans believed that September was looked after by the god of fire. So they always expected fires and volcanic eruptions to occur during this month.

Out of all 12 months of the year, September is spelled with the most letters. It contains nine letters, and it happens to be the ninth month of the year. No other months have the same amount of letters as their number in the calendar year.



LAST MONTH'S HIGHLIGHTS

