

The Argyle

October 2024

NEWSLETTER



Staff Birthdays!

Yuriana
Rodriguez
Christine Gogue
Tom Carlson
Iyanna Scott
Kaleigh Perez
Jessica Pintor
Dung Thi Nguyen

Resident Birthdays!

Andrea W Oct. 19th
Cheryl W Oct. 31st
Dale P Oct. 20th
Jannie C Oct. 25th
Marjorie St. Oct. 5th
Michael P Oct. 21st
Robert C Oct. 9th
Mark M Oct. 27th
Rose S Oct. 14th
Shirley D Oct. 27th
Tona S Oct. 31st

A Brief History

All Hallows' Eve, or Halloween as it is commonly referred, is a global celebration on October 31. It developed from the ancient Celtic ritual of Samhain, which was, in the simplest terms, a festival celebrating the changing of the seasons from light to dark (summer to winter). This would usually take place around November 1.

Traditionally, a bonfire would be lit, sweets would be prepared, and costumes would be worn to ward off evil spirits as the ancient Celts believed that, at this time of year, the veil separating the worlds of the living and the dead was at its thinnest.

While Halloween originated in Europe, the holiday became the celebration we recognize today when it was brought to America by the early settlers. People originally carved out turnips and placed candles inside to ward off evil spirits, but Americans switched from turnips to pumpkins.

This Months Birthday
Twins are
Tona and Cheryl!

September Highlights!



It is offically Fall!

What can we welcome this season?

Sweater weather!

-Fall is the time of year when cozy sweaters, warm blankets, and hot cocoa are in order.

Leaf peeping!

-Fall is the season for leaf peeping, a fun and healthy outdoor activity that allows people to admire the beauty of nature.

Harvest time!

-Fall is known for its harvest times, when many crops reach maturity.

A New Color palette!

-Fall is a time when nature displays a brilliant color palette of reds, oranges, and browns.

Cooler temperatures!

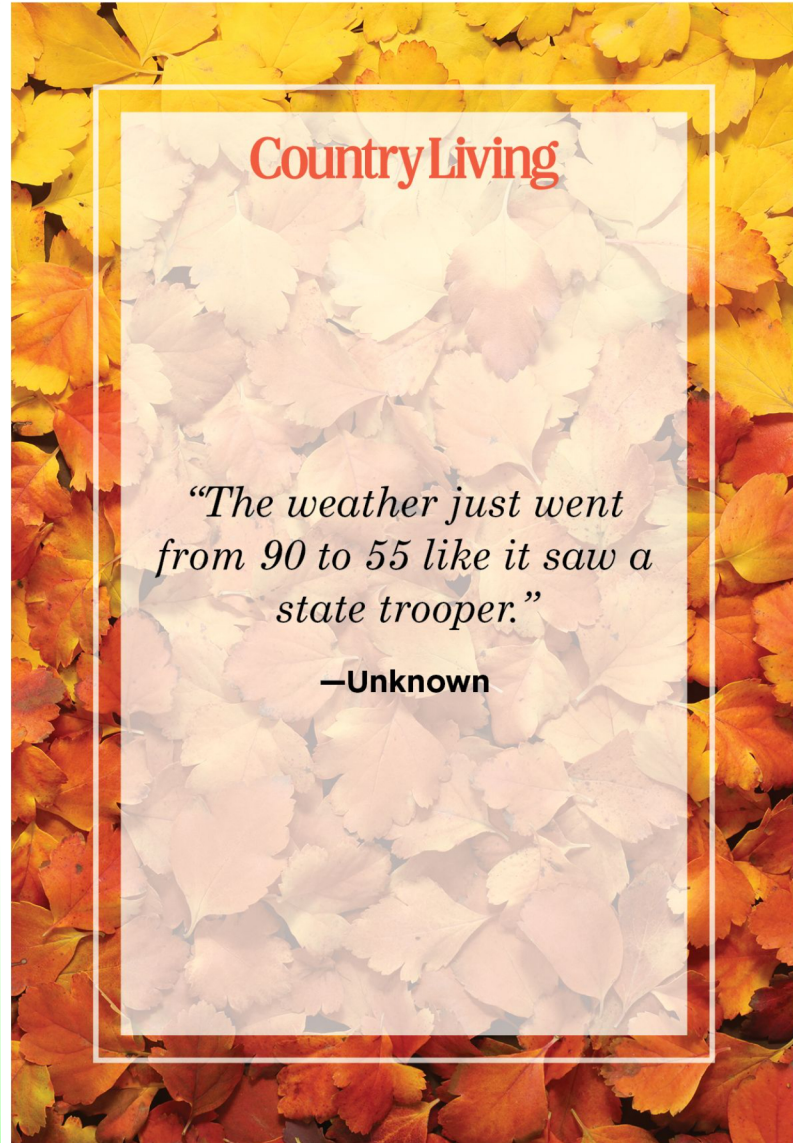
-Fall is the time of year when people can enjoy the feel of cooler temperatures after a long summer.

Pumpkin spice!

-Fall is the time of year when pumpkin spice is in everything.

Fresh starts!

-Fall is a new season and a fresh start, when a new school year begins and new memories are made.





National Days!

October 1st Pumpkin Spice Day

The origin of pumpkin spice dates back to the Dutch East India Company.

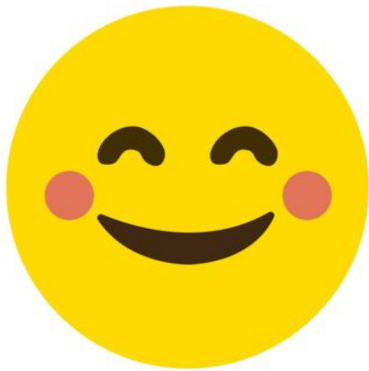
The ingredients that make up pumpkin spice—cinnamon, ginger, nutmeg, cloves, allspice—are native to Southeast Asian islands. This spice was discovered on a few island groups as well as ancient pottery shards in Indonesia.



October 4th World Smile Day

It is a day devoted to smiles and acts of kindness. First celebrated in 1999.

World Smile Day seeks to reclaim the original meaning and intent of the iconic smiley face image by encouraging people to act kindly and make a person smile.



Emergency Nurses Day The 2nd Wed in Oct.

Emergency Nurses Day is a day to recognize and appreciate the work of emergency room nurses, who are often the first people patients see when they have a medical emergency or accident.

Emergency nurses treat patients by: Triageing patients, Treating injuries, Treating trauma, Administering medications, and Stitching wounds



October 13th MBC Awareness Day

The day is dedicated to raising awareness of the challenges people with metastatic breast cancer face, and to honor those who have lost their lives to the disease

About 168,000 women in the U.S. are estimated to have metastatic breast cancer (cancer that spreads beyond the breast to other parts of the body)

RTM Q & A

- When are the vending machines going to be open?

We are on the last stretch of getting them up and running with small mechanical issues to fix. You will be able to pay with two options : with a reloadable card or with an app you download

-Where can we get help setting up LifeLoop classes?

You can ask anyone in the activities department or RLD for help by making an appointment. We also offer LifeLoop Classes.

-Why can't we use the Berkley Room for Activities?

The parlor is a beautiful space we use for special events. Prior to new administration, that space has markers on the walls, food on the floor, and stains all over the room. In a effort to keep that room looking nice, we would like to keep all activities in the Activity Room.

Thank you.

