

DECEMBER 2024

~BIRTHDAYS~

STAFF

Holly G Dec 7th
Yesenia B Dec 8th
Loretta G Dec 21st
Debbie B Dec 23rd
Victoria R Dec 23rd

RESIDENT

Carol H. Dec 23rd
Elizabeth Q. Dec 19th
Geri L. Dec 25th
Graham G. Dec 26th
Mark C. Dec 31st
Monica B. Dec 25th
Nancy D. Dec 11th
Patricia S. Dec 17th
Robert D. Dec 12th
Suzanne W. Dec 29th

THE HISTORY BEHIND CHRISTMAS



Christmas, Christian festival celebrated on December 25, commemorating the birth of Jesus. December 25 was identified by Sextus Julius Africanus in 221 ce as the day on which Christmas would be celebrated, and it was celebrated in Rome by 336 ce.

During the Middle Ages Christmas became extremely popular, and various liturgical celebrations of the holiday were established.

The practice of exchanging gifts began by the 15th century. Traditions featuring the Yule log, cakes, and fir trees derive from German and Celtic customs. In the United States and other countries since the early 20th century, Christmas has also been celebrated as a secular family holiday, observed by Christians and non-Christians alike, devoid of Christian elements and marked by an elaborate exchange of gifts and the legendary figure of Santa Claus (see St. Nicholas).

NATIONAL HOLIDAYS

Crossword day

December 8th

-Solving crossword puzzles is a favorite pastime for people across the globe. In fact, it is so popular, people who solve or write crossword puzzles have their own name--cruciverbalists! Today, we want to celebrate all the cruciverbalists in the world (fill out the one on the back of the newsletter!)

Twin Day

December 18th

Give a shout-out to your favorite twins. Whether they are friends, family, or famous ones, let them know you're thinking of them. If you're a twin, tell your best twin memory. Share photos. Host a twin party. Invite all the twins you know and celebrate!

Wreaths Across America

December 14th

Mission to Remember the fallen, Honor those who serve and Teach the next generation the value of freedom. This mission is in part carried out each December with the placement of sponsored veterans' wreaths on the headstones of those who have served our country.

Day Without Art

December 1st

-The day of mourning recognizes the lives lost to AIDS. The moving visual demonstration of life without art symbolizes the vibrant beauty AIDS takes away from us all. Museums, organizations, galleries, and artists across the country participate in the event. They cover their pieces, shutter their doors, and honor the lives we miss due to AIDS.

Day of the Horse

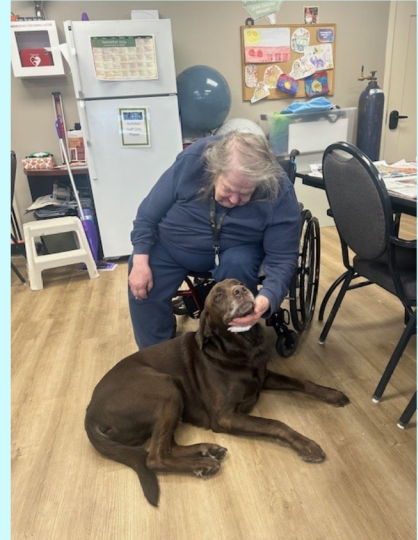
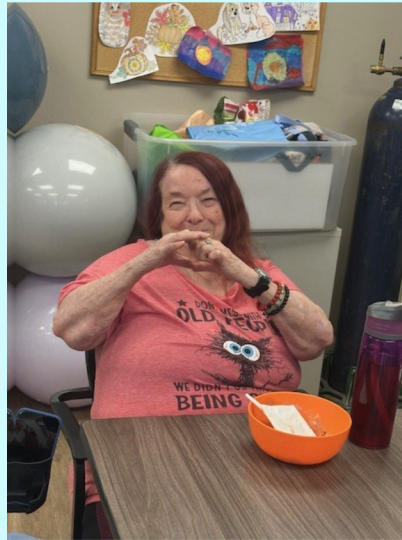
December 13th

-In North America, the legendary horse is embedded in our culture and runs deep into the roots of our history. As the country grew, our indebtedness to the horse grew, too. While few people see the horse as much more than a recreational animal today, they still serve on working ranches. As a therapy animal, horses relieve the symptoms of PTSD, anxiety, and other disorders.



re, your Christmas time

Last Months Highlights



RTM Q & A

Question: “When can we get an update on tables being reserved for new residents and better communication about this?”

Answer: The ED will send a letter explaining the new practice of reserving tables for new residents for their first week, assisted by Ambassadors to support their transition.

Question: “How does LifeLoop work, and when can I get it on my TV or phone?”

Answer: The team is working on providing Firesticks for residents to access LifeLoop on personal TVs. For phone access, residents can contact the Activities Department or a director for assistance.

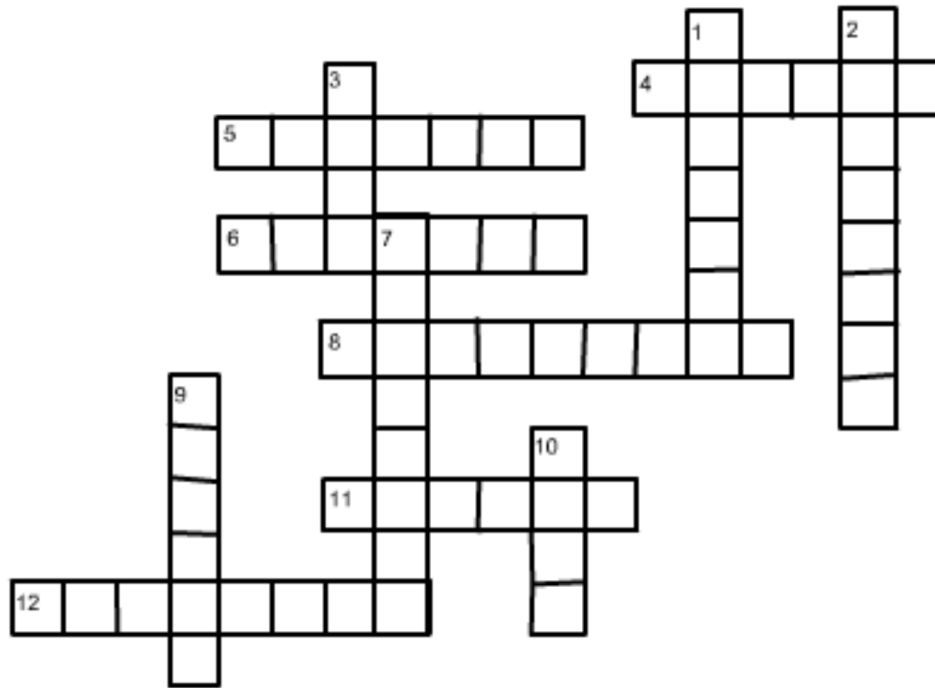
Question: “When will the water supply be shut off?”

Answer: The community will notify all residents in advance of any water shut-offs related to the ongoing water heater issue.

Question: “When will the flu vaccine be available?”

Answer: Our new nurse has the flu vaccine for non-InnovAge participants and will coordinate a convenient time for vaccinations.

WINTER CROSSWORD



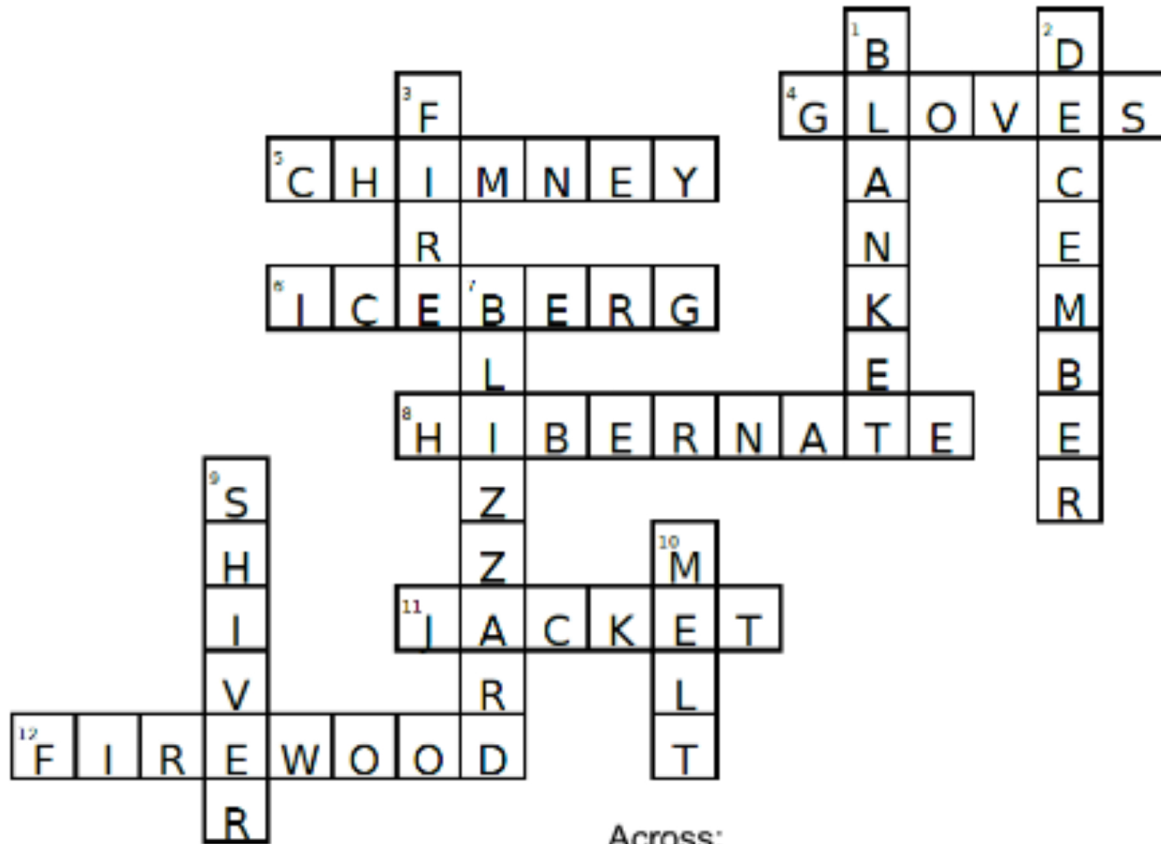
Down:

1. A large piece of woolen or similar material used as a covering on a bed or elsewhere for warmth.
2. The twelfth month of the year in the northern hemisphere usually considered the first month of winter.
3. Burning
7. A severe snowstorm with high winds.
9. Shake slightly and uncontrollably as a result of being cold.
10. Make or become liquefied by heat.

Across:

4. A covering for the hand-worn for protection against cold or dirt and typically having separate parts for each finger and the thumb.
5. A vertical channel or pipe which conducts smoke and combustion gases up from a fire or furnace and typically through the roof of a building.
6. A large floating mass of ice detached from a glacier or ice sheet and carried out to sea.
8. (of an animal or plant) spend the winter in a dormant state.
11. An outer garment extending either to the waist or the hips typically having sleeves and a fastening down the front.
12. Wood that is burnt as fuel.

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