

# THE ARGYLE NEWSLETTER



## January 2026

## January Facts!

### Resident Update: Two Important Reminders

#### 1. Community Outings Policy Reminder

At The Argyle, we are committed to ensuring that financial limitations are never a barrier to participation in community outings. With the exception of shopping trips, The Argyle covers the cost of all scheduled outings so residents can fully enjoy these experiences.

To help us steward resources responsibly:

If a resident signs up for an outing and tickets have already been purchased, and the resident cancels without illness or hospitalization, and we are unable to fill the space, the cost of the ticket will be applied to the resident's next statement.

We are proud to offer exceptional outings and appreciate everyone's cooperation in helping us make the most of each opportunity.

#### 2. Smoking Policy Update

The Argyle is no longer accepting new residents who smoke. Current residents who smoke are grandfathered in and may continue to do so in accordance with all established policies.

Smoking is permitted only in the following designated areas:

- The north-end smoking patio
- The gazebo near the Park building

Smoking in the street or outside designated areas is considered a safety violation. Residents who violate this policy will receive a written warning. Three violations within a six-month period may result in eviction, consistent with community policy.

The health, safety, and well-being of all residents, staff, and visitors remains our top priority. Thank you for your understanding and cooperation.

January gets its name from the Roman god Janus, the god of doors, transitions, and new beginnings—fitting for a month that looks back on the past year while opening the door to a new one.

January birthdays fall under Capricorn (Dec 22–Jan 19), known for discipline, responsibility, and ambition, or Aquarius (Jan 20–Feb 18), known for creativity, independence, and forward thinking.

January includes important cultural observances such as New Year's Day and Martin Luther King Jr. Day, making it a month focused on reflection, renewal, and service.

January's birthstones are garnet, symbolizing protection, strength, and vitality.

The Wolf Moon rises in January, named for the time of year when wolves were often heard howling during the cold, quiet winter nights.

On January 15, 1929, Martin Luther King Jr. was born, a pivotal figure in U.S. history whose legacy continues to shape the nation.

Famous January birthdays include Martin Luther King Jr. (Jan 15), Betty White (Jan 17), Elvis Presley (Jan 8), and Dolly Parton (Jan 19).

January is National Hot Tea Month.



## RESIDENT Town Meeting

### Monthly Resident Meeting

**Q: What should I do if I see someone smoking in a non-smoking area?**

**A: Please notify the front desk with the location, a brief description of the person & the time you observed the incident. We are actively enforcing our smoking policy, and repeated violations may lead to eviction.**

**Q: What if my laundry goes missing?**

**A: We have a Missing Laundry Form available at the front desk. Our team will assist you in completing it, and the report will be submitted to John Sliz, who will follow up to help locate your items.**

**Q: What should I do if my apartment isn't being cleaned?**

**A: While we are hiring a new Resident Life Director, Holly and Rachel are overseeing care staff. If your apartment isn't being cleaned, please call the front desk to speak with one of them or complete a resident grievance form. Please note: If you decline cleaning when staff arrive, they may not be able to return until the following week.**



## Outting Senior Day at the Capitol

Join Us for Senior Day at the Capitol!  
You're invited to a meaningful day at the Colorado State Capitol with Jeromy O'Neil, The Argyle's Sales & Marketing Director and Chairman of the Legislative Committee for COPRA (Colorado Placement & Referral Alliance).

On January 20th, we'll head to the Capitol to meet legislators, hear directly from policymakers, and learn about the laws and decisions that impact seniors and senior care. As a bipartisan group, COPRA plays a vital role in reviewing and influencing legislation that affects older adults across Colorado—including successfully passing impactful laws like The Family Choice Act.

Families are welcome to join us! If you're interested in attending, please reach out directly to Jeromy for details.

Your voice matters. Your presence makes a difference.

Departure from The Argyle: 9:00 AM

We hope you'll be part of this important and empowering day!

# LAST MONTH'S HIGHLIGHTS



## ANNOUNCEMENTS



# Outing to the Brown Palace for High Tea

Join us for an elegant afternoon at one of Denver's most iconic landmarks as we enjoy High Tea at the Brown Palace. This classic experience features a beautiful setting, delicious tea, and an assortment of finger sandwiches and pastries — the perfect way to spend a cozy winter afternoon with friends.



We will begin loading the bus at 12:30 PM and depart promptly at 1:00 PM.

Please be sure your walkers are emptied before boarding so they can be safely folded and stored on the bus. This outing is a favorite every year — don't miss this timeless tradition!



through bold music, humor, and unforgettable costumes. It's fast-paced, fun, and unlike any musical you've seen before. We will begin loading the bus at 12:45 PM and depart at 1:15 PM. Please ensure your walkers are empty so we have enough room to safely store them on the bus. Important: If you sign up for this outing and later decide not to attend, you will be charged the ticket price if we are unable to find a replacement. Seating is limited, so sign up with confidence!

Get ready for a high-energy, toe-tapping afternoon as we head to see Six the Musical! This modern Broadway hit reimagines the six wives of Henry VIII as pop-concert queens, each taking the stage to tell her story



### STAFF BIRTHDAYS

### RESIDENT BIRTHDAYS

J Marin – 01/04

Dulce Maria Barrientos  
– 01/05

Jose Herrera – 01/06

Aidan McGhee – 01/09

Jennie Ludi – 01/15

Ray Powell – 01/24

Melody Neff – 01/25

John S. S. Sliz – 01/31

January 1 – Adam Margolin

January 3 – Stephen Flynn

January 6 – Yvonne Patten

January 7 – Anna Bartnik

January 8 – Connie Edwards

January 12 – Myra Frieder

January 14 – Doris Gutches

January 14 – Tammy Mainez

January 25 – Mary McDowell

January 27 – Mary Monaghan

# Denver Aquarium



We will depart by 10:30 AM and return around 2:00 PM. Please note that this is a very physically demanding outing with extended walking and standing throughout the day. We kindly ask that only residents who feel comfortable walking for several hours sign up, so everyone can enjoy the experience safely and comfortably.

Dive into a day of discovery as we visit the Denver Aquarium, home to thousands of fascinating sea creatures from around the world. From colorful fish to majestic sharks, this immersive experience offers something new around every corner — and Julio will be providing lunch for the group, so you can enjoy the day without worrying about meals.